HAND HYGIENE
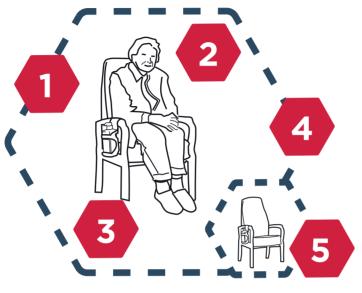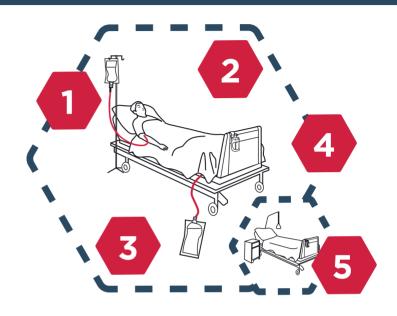# CRITICAL CONTROL POINTS

1 BEFORE PATIENT CONTACT

WHEN? Clean and disinfect your hands before touching a patient.

WHY? To protect the patient against harmful bacteria carried on your hands.

2 BEFORE A CLEAN/ ASEPTIC TASK

WHEN? Clean and disinfect your hands immediately before a clean/aseptic task (and before wearing gloves).

WHY? To protect the patient against harmful bacteria to prevent it from entering the body.

3 AFTER BODY FLUID EXPOSURE RISK

WHEN? Clean and disinfect your hands immediately after an exposure risk to body fluids (and always after glove removal).

WHY? To protect yourself and prevent contamination of the healthcare environment.

4 AFTER PATIENT CONTACT

WHEN? Clean and disinfect your hands after touching a patient and the immediate surroundings.

WHY? To protect yourself and prevent contamination of the healthcare environment.

5 AFTER CONTACT WITH PATIENT SURROUNDINGS

WHEN? Clean and disinfect your hands after touching any object of furniture in the patient's immediate surroundings.

WHY? To protect yourself and prevent contamination of the healthcare environment.

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